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Tuesday, September 20, 2011
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News worth sharing.

Drivers caught in the act

A minimum of $1.9 million in speeding tickets issued so far in 2011 Figure excludes second or third offences, which double and triple ticket amounts



ALY THOMSON
HALIFAX@METRONEWS.CA

Thousands of speeding tickets have been issued in the HRM this year, the bulk of which come from police hiding in blind spots, over hill crests and around corner bends.

But Halifax police aren't making any apologies.

"If they want to take the chance and speed, that's the choice they made," said HRM traffic enforcer Const. Tracey MacDonald.

Through to the end of August, more than 6,900 HRM speeders have been handed fines in 2011. Most were driving 16-30 km/h over the posted speed limit.

According to HRP spokesperson Const. Brian Palmeter, that's because they think they can get away with it.

"I think people have the misinterpretation that they are able to drive at those speeds, like if someone were to drive 115 km/h when the limit is 100 km/h," said Palmeter. "But the reality is, they can't, and they will get caught."

Just out of Cathy Poirier's view on Glendale Drive in Lower Sackville was MacDonald's police SUV.

Fine amounts

- 0-15 km/h over limit: $222
- 16-30 km/h over limit: $279.50
- 31+ km/h over limit: $394

6,917 The number of speeding tickets issued in HRM this year through Aug. 31.

Poirier — driving 23 km/h over the 60 km/h limit — didn't escape his Lidar, but she didn't mind.

"By all means, it's their job. You have to keep people from speeding," she said. "It will definitely prevent me from speeding again."

What she doesn't agree with are some of the posted speed limits around town, noting the scene of the crime: The portion of Glendale Drive between Highway 102 and Cobequid Road.

MacDonald, who's been with the force for 20 years, has caught more than a few people with a heavy foot since joining the traffic enforcement unit in January.

"I hate using that term 'hiding spots.' It makes it seem so evil," he said. "But we need to let people know that we're out there and aware of the problem."

RYAN TAPLIN/METRO



▶ Const. Tracey MacDonald watches for speeders along Glendale Drive in Lower Sackville earlier this month. More coverage, page 4.



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Sportage SX shown

LAST CHANCE CLEAROUT



International model shown[Ω]

2011 SOUL 1.6L MT

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‘We’re all in this together’: NSPI CEO says of rate hike

Advocates still required to sign off on proposed agreement ◗ Tories applaud a ‘win’ for Nova Scotians ◗ Liberals continue to oppose increase



ALEX BOUTILIER
@METRONEWS.CA

Consumer and industry advocates reached an eleventh-hour agreement with Nova Scotia Power Inc. on rate hikes for 2012.

Under the agreement, power rates would increase by 5.06 per cent next year, down from NSPI’s initial ask of a 7.2 per cent hike.

The utility also dropped their request to increase the return on common equity to 9.6 per cent, dropping it to 9.2 per cent — a difference of approximately $7 million for the company.

NSPI also put a freeze on executive bonuses for 2012 — a mostly cosmetic gesture that reduces the company’s revenue requirement by $250,000. Salary-increase assumptions were also lowered, resulting in a revenue requirement decrease of $470,000.

“The settlement agreement today reflects a collaborative piece of work between Nova Scotia Power and all of our customer representatives. We’re all in this together,” said Rob Bennent, NSPI’s president and CEO, yesterday.

“We’ve put the mechanisms in place with this rate adjustment to continue … to move away from coal and to meet some of the extraordinary challenges that we’re facing right now.”

Consumer advocate John Merrick said the settlement involved some tough negotiating on Sunday morning, a day before the Utility and Review Board was set to hear NSPI’s application.

“I think it’s a very good settlement for rate payers,” said Merrick.

“We think they moved (from their original proposal) considerably. They moved to where we wanted them to be. We’re quite comfortable with the outcome.”

Dexter’s take



Premier Darrell Dexter expressed cautious support for the settlement yesterday but said he’s looking forward to the UARB’s decision on the deal.

- “Obviously anything that is less than what was anticipated is what we welcome,” Dexter told reporters.

RYAN TAPLIN/METRO



▶ A pedestrian walks down Novalea Drive as the Tufts Cove generating station looms in the background yesterday.

NSPI will return to the Utility and Review Board in October to intervene in an application from the beleaguered NewPage and Bowater Mersey mills for a rate break.

Any costs associated with NewPage’s closure will be dealt with in a 2013 general rate application.

Proposed district changes cause upset

Halifax residents voiced a number of concerns surrounding proposed new polling boundaries on the peninsula at city hall last night.

About 40 people, including councillors, staff and the public, showed up at an information session to listen to municipal clerk Cathy Mellett describe the two scenarios being considered by staff.

Both scenarios reduce the number of polling districts on the peninsula to three, down from four. If you bring in districts partially on the peninsula, urban Halifax councillors would be reduced from six to three.

“My personal view is that they’ve shifted the importance of the former city of Halifax off of the peninsula and into the old county areas,” Downtown Coun. Dawn Sloane said.

Many speakers at the meeting echoed Sloane’s concern. Some also noted that under the proposed new boundaries the vast majority of public housing would be contained within one district. A similar concern was raised with regard to seniors’ complexes.

But nearly all speakers expressed frustration at both the lack of public knowledge around the information sessions and the process, as well as the requirement imposed by the Utility and Review Board to base the new districts on population, overshadowing “communities of interest.” ALEX BOUTILIER

1 news

New research points to a frightening link between child-abuse rates and economic turmoil in the U.S. Scan code for story.

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On the web at metronews.ca

As the European banking system goes, so goes the stock market — and there’s now reason to think good thoughts about Europe. Allan Small has more at metronews.ca

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2011 ticket breakdown for HRM through Aug. 31

Halifax Peninsula:
0-15 km/h: 31
16-30 km/h: 538
31+ km/h: 55
Stunting 50 km/h: 0
Total: 624

Halifax Mainland, North and South, Bedford:
0-15 km/h: 127
16-30 km/h: 470
31+ km/h: 98
Stunting 50 km/h: 5
Total: 700

Dartmouth:
0-15 km/h: 295
16-30 km/h: 1,758
31+ km/h: 170
Stunting 50 km/h: 4
Total: 2,227

Cole Harbour:
0-15 km/h: 118
16-30 km/h: 477
31+ km/h: 41
Stunting 50 km/h: 3
Total: 639

Sackville:
0-15 km/h: 238
16-30 km/h: 1,393
31+ km/h: 146
Stunting 50 km/h: 6
Total: 1,783

Tantallon:
0-15 km/h: 118
16-30 km/h: 747
31+ km/h: 76
Stunting 50 km/h: 3
Total: 944

Yearly totals:

6,917
In 2011 (up to Aug. 31)

10,819
In 2010

11,886
In 2009

12,715
In 2008

10,254
In 2007

6,089
In 2006

RYAN TAPLIN/METRO



▶ Halifax police Const. Tracey MacDonald gives a motorist a ticket on Cobequid Road in Lower Sackville on Sept. 8.

Your cash at work

About $1.9 million in speeding tickets have been issued so far this year. So where does the money go?

According to Nova Scotia's Department of Justice, tickets are divided into three parts: A court fee, victim surcharge and fine.

Court fees head to the Department of Justice, and the victim surcharge goes to a provincial trust fund.

The fine portion is allocated depending upon what level of government issues the ticket. If it's HRP, the money goes to the municipality. An RCMP-issued ticket is funnelled to the province under general revenue.

ALY THOMSON

Speed-trap central

- **Fewer police on road can lower speeding-ticket numbers: Spokesman**
- **New Lidar device sends out radio beams that target specific vehicles**


ALY THOMSON
HALIFAX@METRONEWS.CA

Const. Tracey MacDonald held the scope of his Lidar to his right eye, his finger on the trigger, the car engine running.

"Got one," said the HRM traffic enforcer as a Chevrolet pickup truck flew by his hiding spot at Metro Self Storage on Glendale Drive in Lower Sackville.

Wayne Martin was clocked going 31 km/h over the 60 km/h speed limit. He's not alone. More than 1,780 people have been handed speeding tickets in Sackville through to the end of August — second only to Dartmouth (more than 2,220) in total distributed tickets, according to statistics from Halifax police.

In fact, Sackville and Dartmouth have been leading the municipality by a landslide for at least five years.

Halifax RCMP spokesperson Cpl. Scott MacRae said many of the municipality's major roadways and 100-series highways run through those regions, which contributes to the higher numbers.

But sometimes there's no rhyme or reason to their methods.

"When we come to work, it's kind of like, 'HRM is your playground, so have at it,'" MacDonald said.

Drivers are less likely to reach above the speed limit in areas prone to traffic jams like Bedford and downtown Halifax, said Halifax Regional Police spokesman Const. Brian Palmeter.

Hook, line ...

- Const. Tracey MacDonald, who's been with the force for 20 years, compared catching speeders to fishing: You have the watering holes you return to time and time again, and "some days you'll catch a lot of fish, and some days you don't catch any."
- But he won't be losing his job if he returns to police headquarters with an empty bucket. He said the myth of officers needing to meet a "quota" is just that, a myth.

But officer, my tank's running on empty

Police have heard more than a few Haligonians plead their cases to get out of a speeding ticket.

"They're rushing to get gas, or they're from out of town. I've seen plenty of people cry, something that isn't reserved for the ladies," HRM traffic enforcer Const. Tracey MacDonald said.

But a hefty fine and a possible licence suspension wasn't shaking Wayne Martin, who was nabbed going 91 km/h on Glendale Drive, 31 km/h over the limit.

"I've been driving for over 50 years and I've got a habit. I have a heavy foot," said Martin after being handed a $280 piece of paper. "I don't mind at all. It was my own stupidity."

There are a few excuses that are worth a free pass, said MacDonald. A woman in labour being one, and a few other medical emergencies.

"I usually let them go, but I explain that they need to drive the speed limit in order to make it safely to their destination."

ALY THOMSON

Reader tweets

What's the best excuse you've used to try to get out of a speeding ticket?

- **@John Strowbridge:** I once asked the cop for his daughter's phone number. Then I ended up marrying her. Still got a written warning though
- **@Adam R. Bowser:** playoffs2009 "have to see the puck drop" too bad the cop was a leaf fan and didn't understand the concept of playoff hockey.
- **@April Baird:** I passed a ghost police car once. I told him I didn't know it was a police car, he laughed and told me to go. :D

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keeps getting better.

TOM MARTIN

Vying for mayor

The first contender for Mayor Peter Kelly's chair will officially announce his candidacy today.

Tom Martin, a 30-year veteran of the Halifax Regional Police, is set to hold a press conference to announce his candidacy in Dartmouth at noon.

Halifax-born Martin worked in several different roles on the police force but spent the majority of his career in the major crimes unit.

He will be the first to officially toss his hat in the ring — which may put pressure on long-rumoured potential candidates to make their intentions clear, approximately a year out from the 2012 election.

The press conference will take place at noon at the Alderney Landing Cultural Community Centre. ALEX BOUTILIER

For live coverage, visit metronews.ca/politicsasusual

Way too fast

Police have charged a 21-year-old Lower Sackville man with stunting after they say he was clocked going 153 kilometres per hour in a 100 km/h zone Sunday night.

The driver faces a fine of more than $2,400 and has had his vehicle impounded. METRO

DUI charges

RCMP said they charged five people with impaired operation of a motor vehicle during police checkpoints last weekend around HRM. Another person was charged for failing to provide a breath sample, and a 21-year-old man is facing four drug-related offences. METRO

Shipbuilding gets boost

Dartmouth's Akerley Campus joins Marconi in Sydney to offer program



ALY THOMSON
HALIFAX@METRONEWS.CA

The premier says a newly redesigned metal-fabrication program at Nova Scotia Community College will help bolster a workforce to meet industry demands.

Premier Darrell Dexter announced yesterday $67,200 in provincial funding to redevelop the metal-fabrication apprenticeship curriculum and $123,000 to buy equipment to support a second section of the metal-fabrication diploma program at the Nova Scotia Community College — all funded though the jobs-Here program.

"The program will give students the training and support they need to build a life for themselves and their families right here in Nova Scotia," Dexter told an auditorium at NSCC's Akerley campus in Dartmouth.

Irving Shipbuilding Inc. has donated 25 state-of-the-art welding stations and supplies worth $112,500 to be used at the Akerley campus.

That's good news for third-generation ship builder Adam Hersey.

"When we're in trade school, it's hard to have access to all the resources we need. There's a lot of equipment that comes with our trade, and to have it at our fingertips is going to be fantastic," said the third-year apprentice. "It will put us way ahead of the game."

Mike Roberts, vice-president of corporate development for Irving, said, "It's a great first step" in landing a federal shipbuilding contract worth $25 billion.

RYAN TAPLIN/METRO



▶ Premier Darrell Dexter applauds during an announcement at the Nova Scotia Community College Akerley Campus yesterday. The province is kicking in more than $190,000 for a new metal-fabrication program at the NSCC beginning in September.



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‘Decidedly Atlantic’ film fest in demand

Monsieur Lazare best Canadian feature at Toronto film fest Atlantic fest will close with award ceremony

ALY THOMSON
HALIFAX@METRONEWS.CA

Sold-out shows and standing ovations are making for what could be the best Atlantic Film Festival to date, the festival director says.

Director Lia Rinaldo said the 31st annual festival is blowing its predecessors out of the water.

“With the response from the community ... the audience and from ticket sales, we’re exceeding our expectations. So far all of our numbers are up from last year,” she said, adding it’s too early to release any figures.

She said the festival’s “decidedly Atlantic” approach is being well received and has been bringing audiences to their feet.

RYAN TAPLIN/METRO



▶ Picnicface’s Mark Little

Rinaldo has been adding repeat screenings to support the demand, including a fifth showing of Picnicface’s Roller Town on Thursday at Empire Theatres at Park Lane Mall.

“That’s something we absolutely did not plan on.”

After wrapping up the music and image program, Rinaldo said the focus will be on film during the backhalf of the festival.

“We’re expecting some special guests later this week,” she said, leaving a bit of mystery.

Films like Philippe Falardeau’s award-winning Monsieur Lazare, Allison Elwood’s Magic Trip and Jean-Marc Vallée’s Café de Flore will all be screening at Park Lane this week.

And it’s all leading up to a sold-out closing night on Saturday with Trailer Park Boys creator Mike Clattenburg’s Afghan Luke.

“People have really been looking forward to that one,” she said.

Stabbing suspect visits RCMP

One of three suspects in a stabbing at a bus terminal in Lower Sackville Saturday night turned himself into police yesterday morning.

The 17-year-old male arrived at an RCMP station at 7:30 a.m., according to Halifax RCMP spokesman Cpl. Scott MacRae. He said there is no word yet on possible charges.

MacRae also said police believe they have identified the other two suspects involved in the incident.

Just after 8 p.m. on Saturday, an altercation broke out after a man walking by the bus stop near Memory Lane was hit by a beer bottle. METRO

Two wounded

- A 20-year-old man and a 32-year-old man both suffered stab wounds from the incident.

News in brief



Blunt brings Some Kind of Trouble to town

METRO CENTRE. James Blunt (shown above) is returning to Halifax on Sunday, Nov. 27.

Blunt, who last played in Halifax in 2008, is making two stops in the Maritimes as part of his Some Kind of Trouble Tour.

Tickets cost $63 and go on sale Saturday at 9 a.m. through Ticket Atlantic. METRO

Simple Plan to stop in Halifax

ON TOUR. Simple Plan has announced a new Canadian tour and it includes a stop in Halifax.

The popular Canadian rockers will take to the Metro Centre stage on Sunday, Feb. 26, with tickets going on sale this Friday at noon.

Tickets range from $44.50 to $54.50 and are available through Ticket Atlantic. METRO

Auto pileup halts traffic

MACDONALD BRIDGE. Police were called to a seven-vehicle collision on the Macdonald Bridge yesterday afternoon.

The accident on the only Halifax-bound lane resulted in traffic being at a standstill towards Dartmouth for up to 15 minutes as the mishap was cleared. METRO

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Politicians unite to remember Jack

- Layton died of cancer last month
- Prime minister says NDP leader was a fighter until the end

ADRIAN WYLD/THE CANADIAN PRESS



▶ Olivia Chow, MP and widow of former NDP Leader Jack Layton, is applauded after delivering a tribute to her husband in the House of Commons yesterday.

Politicking and partisanship briefly evaporated in the House of Commons yesterday as MPs remembered Jack Layton's courage, optimism and kindness.

The bitterness that has become a hallmark of parliamentary debate in recent years was nowhere in evidence as the tributes rolled out to waves of applause in the chamber where Layton often pleaded for greater civility.

Prime Minister Stephen Harper praised the late NDP leader as one who earned the affection and respect of his fellow MPs.

Harper spoke of friendships that can grow even between opponents.

"In the case of Jack Layton, I believe that all of us developed this affection inexorably," Harper said.

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most strongly disagreed with him."

"His passion, his perseverance, his ability to be at once tough and cheerful would eventually win over even those who most strongly disagreed with him."
PRIME MINISTER STEPHEN HARPER

He said he and Layton rarely agreed, but they shared a love of country.

"In the heat of our debates, we too often forget that people of good will share the deepest motivations and the highest aspirations," he said. "We differ only on how we believe we should act on these in order to address the practical problems that lie before us."

Interim NDP Leader Nycole Turmel pledged to keep her party true to Layton's legacy.

"Day after day, he fought for the little guy," she said. "In Jack Layton's memory we carry on this work."

Bob Rae, the interim Liberal leader, had a catch in his voice as he remembered Layton.

"While Jack is gone and has passed away, the things that he stood for and the values that he had and the warmth and strength and quality of his personality will never die, will never disappear," Rae said.

He said Layton will not be forgotten.

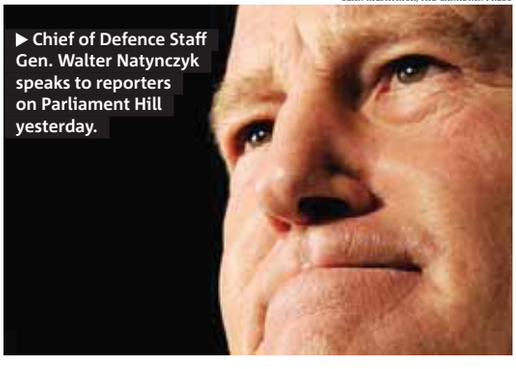
"As an adversary and as a friend we shall miss him."

Harper and Turmel also paid tribute to Olivia Chow, Layton's widow and herself a Toronto MP.

Chow thanked Harper for granting her husband a state funeral and for the "comfort and support" he and wife Laureen offered both privately and publicly. **THE CANADIAN PRESS**

Top soldier retreats from spending comments

SEAN KILPATRICK/THE CANADIAN PRESS



▶ Chief of Defence Staff Gen. Walter Natynczyk speaks to reporters on Parliament Hill yesterday.

The country's top military commander has done an about-face, saying he'll consider reimbursing taxpayers the commercial cost of a 2010 Caribbean vacation flight aboard a government VIP jet.

Gen. Walt Natynczyk, the chief of defence staff, met with the prime minister and opposition critics yesterday amid a furor over his travel expenses.

He defended the use of the Challenger jet fleet and the January 2010 flight that allowed him meet his family for a vacation cruise in St. Maarten. The VIP jet was used after the general missed his charter flight because he'd elected to remain behind for the repatriation ceremony involving four soldiers and a journalist killed in Afghanistan.

On Sunday, Natynczyk said the trip was authorized by Defence Minister Peter MacKay and that he wouldn't repay the cost of the vacation flight.

"If the government, as the prime minister indicated, his office looks at the trip — and the interpretation the Treasury Board guidelines — is incorrect, then I will reimburse as required," he said yesterday.

"If I have to pay for the ticket, then I will do that."
THE CANADIAN PRESS

Under fire

- Passenger logs show Natynczyk and some members of his family flew to Toronto from Ottawa for a Maple Leafs hockey game in appreciation of the military, at a cost of $23,231.
- Additionally, the CTV report said nearly $400,000 was spent going to six NHL games over three years.

Children at heart of fight for Gatti fortune: Brother

Arturo Gatti's brother says he's fighting over the late boxer's estate because he wants his niece and nephew to get the money.

Fabrizio Gatti testified yesterday that he doesn't want any money for himself.

The Gatti clan and the boxer's widow are in a bitter dispute over who should get his $3.4-million fortune.
THE CANADIAN PRESS

Group can't bear driving

Conservationists want the Alberta government to clamp down on driving in backcountry. They say poaching has reduced the grizzly population to 700.
THE CANADIAN PRESS

HANDOUT/THE CANADIAN PRESS



▶ Do Alberta's backcountry roads encourage poaching of bears?

Family of slain student getting day in court

Nine years after Amanada Zhao's body was found in a suitcase near Stave Lake, ex-boyfriend Ang Li — who fled Canada before being charged by RCMP — is scheduled to stand trial for the 21-year-old international student's murder in a Beijing courtroom today.

Chinese authorities arrested Li and his cousin Han Zhang in 2009.
METRO

FIKRIA HIDAYAT/KOMPAS IMAGES/THE ASSOCIATED PRESS



▶ An archaeologist working along the flanks of Mount Tambora shows unearthed remnants of villages that were buried beneath up to three metres of ash.

Villagers in awe of mountain

▶ April 1815 eruption killed 90,000 people ▶ Left crater 11 kilometres wide, one kilometre deep ▶ Spewed estimated 400 million tons of sulphuric gases

Bold farmers in Indonesia routinely ignore orders to evacuate the slopes of live volcanoes, but those living on Tambora took no chances when history's deadliest mountain rumbled ominously this month.

Villagers like Hasanuddin Sanusi have heard since they were young how the mountain they call home once blew apart in the largest eruption ever recorded — an 1815 event widely forgotten outside their region.

The 45-year-old farmer didn't wait to hear what experts had to say when Mount Tambora started being rocked by a steady stream of quakes. He grabbed his wife and four young children, packed his belongings and raced down its quivering slopes.

"It was like a horror story, growing up," said Hasanuddin, who joined hundreds of others in refusing to return to their mountainside villages for several days despite assurances they were safe. "A dragon sleeping inside the crater, that's what we thought. If we made him angry — were disrespectful to nature ... he'd wake up spitting flames."

Authorities raised the alert to the second-highest level two weeks ago but said only villagers within three kilometres from the crater needed to evacuate.

That didn't stop hundreds of men, women and children living well outside the danger zone from leaving. THE ASSOCIATED PRESS

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UGGS, CROCS, YOGA PANTS AND NOW ... LEGGINGS

SHE SAYS ...

JESSICA NAPIER
METRO



Last week, MSN Travel released their top 10 list of the world's worst-dressed cities. Anyone familiar with international travel won't be surprised to learn that eight out of the 10 cities listed are in North America; two of those offenders are Canadian.

Ottawa, you're forgiven for your eighth-place ranking — as home to sensible-suit-clad politicians you've got more serious things to worry about than leopard print versus polka dots for fall.

Vancouver, on the other hand, rightly earns its spot in third-place for its yoga-pant epidemic. Those ubiquitous stretchy black pants seem permanently affixed to every woman (and most of the men) living in the Lower Mainland, regardless of whether or not they have plans to do Ashtanga.

"While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar."

But here's the thing, yoga pants aren't really all that bad. Yes, wearing them as outwear when you're not en route to the gym reeks of laziness and an "I've given up" attitude, but at least they're functional as athletic wear.

Canada's biggest fashion faux pas is plaguing cities coast to coast. I'm talking of course about the yoga pant's ghastly cousin: leggings. Despite what you might want to believe, leggings, in all of their questionable incarnations (pleather, patterned, embellished), are not pants. Don't be fooled. While they do resemble a trouser, leggings are never an acceptable substitute for proper leg wear unless you're a superhero or a cat burglar.

I'm not going to lie, I've been there. For years I worshipped at the altar of American Apparel. I purchased those black cotton Spandex jersey standbys in bulk, ensuring that when one pair ripped — because they always did — there would be three more understudies waiting to step in. Oh how I loved those merciful waistbands, keeping me blissfully ignorant of my winter weight gain.

But then, in a luminous moment of clarity, I realized just how unforgiving these stretchy staples really are. I was kidding myself with my black-is-slimming mentality. They don't disguise anything; they cling in an entirely shameful manner to every lump and bump from your torso onward. And so I banished them to the back of the closet and embraced structured leg wear.

I'll admit, I still slip up from time to time — usually when I'm running late for a hungover brunch date and I can't face the suffocating reality of denim. But whenever I'm tempted to reintroduce them into my regular wardrobe rotation, I just remind myself Lindsay Lohan designed an entire collection around this fashion DON'T.

Read more of Jessica Napier's columns at metronews.ca/shesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you think Remembrance Day should be a statutory holiday, as it is in most other provinces?



27% NO

72% YES

Local tweets

- **@markgsampson:** wow, i live in #halifax now. still hasn't sunk in!
- **@cindylmackenzie:** Helping my sister plan her special day. Has anyone been to any great wedding venues in #halifax area lately? #wedding
- **@Zaedum:** Arr... today be a good day to live life on the sea. Society be a harsh mistress tho... Fer now I work. #halifax #talklikeapirateday
- **@xangeltashax:** @EricJJohnson79 like it's cool how Ellen page, Brad Marchand, Sidney Crosby and George Canyon are all from Halifax cause Canadians rule. ;)
- **@flutegirl:** Thanks for the fun times Atlantic Film Festival. How I enjoy Halifax but I love St. John's! Happy to be coming home. :)
- **@CitizenWilliams:** @NicoleW_Global Rodman probably pulled out after #Halifax announced all those street direction changes. ;)
- **@JillianBlackman:** Halifax Rainmen sign NBA vets Rodney Buford and Eddie Robinson. Amazing talent, exciting time for the city!

Letters

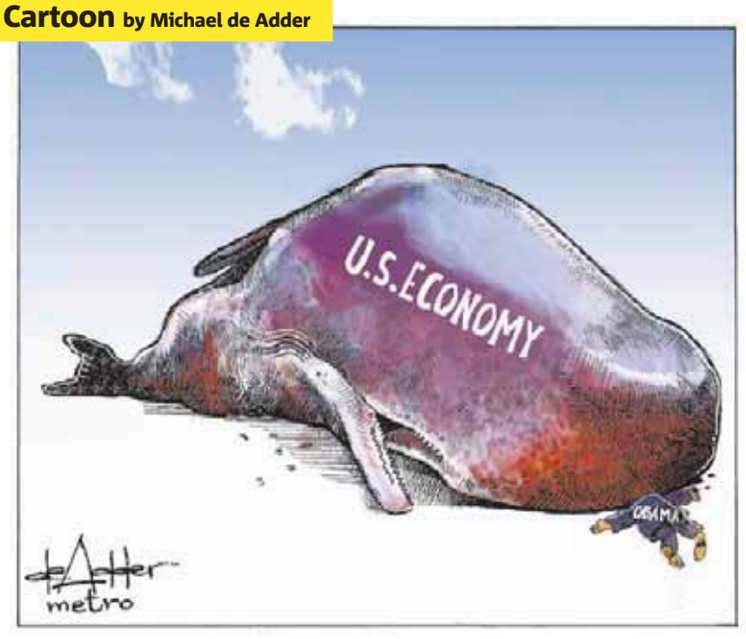
Re: Cities can't ban shark fins, report says, published Sept. 7.

In Canada, laws that ban hunting demonstrate Canada's motive of preserving and protecting wild animals.

Of course, we kill animals for food, but we do not kill to the point where we knowingly endanger the species. The Chinese community's claiming that banning shark fins will take away from their culture should not affect the decision-making process. By making sure that shark fins are banned, in the long run we can possibly save the sharks from becoming an endangered species. By allowing more time to pass, the shark species becomes closer to being part of endangered species. Chopping off the fin and letting the shark back into the ocean would allow bodily toxins to dissolve in water. This will also affect other marine life. There has to be a regulation that prevents the shark species from becoming a threatened species. Bylaws have to come into effect as soon as possible to help control this dilemma.

KUJAANY KANA
TORONTO

Cartoon by Michael de Adder



WEIRD NEWS

Catch me if you can: Man disguised as pilot escapes

A man who disguised himself as an airline pilot tried to enter a restricted area of a New Zealand airport and then escaped after he was challenged.

New Zealand police say they are looking for a man who on Saturday entered the Auckland Airport dressed in a white shirt with epaulets on his shoulders and a dark cap with a silver winged badge.

He was also carrying a large briefcase.

According to the police, the man tried to get into a restricted "airside" area before being challenged by ground staff.

The man then escaped from the airport and jumped into the passenger seat of a black Toyota van and drove away.

The incident is reminiscent of the 2002 movie Catch Me If You Can, which recounts the true story of a young con artist who successfully poses as an airline pilot before being caught by the FBI.

THE ASSOCIATED PRESS

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What big money can buy

Obama's plan to cut U.S. deficit includes raising $1.5 trillion in tax increases ◗ That's worth the economies of Mexico and Australia combined ◗ Metro discovers what this is worth

President Barack Obama called for $1.5 trillion US in new taxes yesterday, part of a 10-year deficit-reduction package totalling more than $3 trillion. He vowed to veto any deficit-reduction package that cuts benefits to Medicare recipients but does not raise taxes on the wealthy and big corporations.

The president's proposal would predominantly hit upper-income taxpayers but would also reduce spending in mandatory - benefit programs, including Medicare and Medicaid, by $580 billion.

It also counts savings of $1 trillion over 10 years from the withdrawal of troops from Iraq and Afghanistan.

THE ASSOCIATED PRESS



Going the extra mile

- If you were to stack $1,000 bills, the height of the pile formed by $1.5 trillion would be 193 kilometres.
- $1.5 trillion in single-dollar bills would weigh about 1.7 million tonnes. If you stacked that sum in dollar coins, you could reach Mars.



For each person, an allowance ... and some pork

- You could give away the $1.5 trillion by donating $5,000 to every man, woman and child.
- You could buy everyone on Earth an iPod. Or, you could buy America's supply of bacon for the next 750 years.



Luxury for all

- You could provide everybody in Los Angeles with two Lamborghini Gallardos, or give every man in the U.S. a men's Presidential Rolex watch.
- You could send all U.S. citizens on an all-inclusive vacation to Tahiti or buy 1,500 Queen Mary 2 cruise ships.



Wipe Britain's slate clean

- If you were feeling a little generous, you could donate the entire amount to the United Kingdom and eradicate its national debt.

LILLO MONTALTO MONELLA/ METRO WORLD NEWS
SOURCES: GLOBALRESEARCH.CA, COSMOLOAN

Market moment

PRICES AS OF 8 P.M. YESTERDAY

Dollar	Natural gas 1,000 cu ft
- 1.11¢ (101.04¢ US)	$3.801 (- 0.8¢)
	Gold contracts $1,781.30 (- $35.80)
Oil	TSX
- 2.26¢ US ($85.70 US)	- 101.72 (12,172.04)

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2 scene

HANDOUT



Cameron Crowe, left, directs Pearl Jame Twenty, which tells the story of Eddie Vedder and crew's success.

For the love of music

Director Cameron Crowe indulges his passion for music and Eddie Vedder in Pearl Jam Twenty

NED EHRBAR
SCENE@METRONEWS.CA

Music has always played a major part in director Cameron Crowe's films, with 2000's Almost Famous being perhaps the most music-centric. So it was only a matter of time before he threw himself completely into a rock and roll documentary like he's done with Pearl Jam Twenty, about the iconic Seattle band. "Almost Famous was about loving music and being a fan, and Pearl Jam Twenty is about loving music and being a band," Crowe explains.

The film premieres tonight in cities around the world as a one-night cinematic event before starting week-long runs in select cities Friday and heading to DVD October 25. Accompanying the film is a comprehensive book by Jonathan Cohen with Mark Wilkerson and a two-disc soundtrack of live recordings and bootlegs hand-selected by Crowe.

Crowe, a longtime friend of the band, admits a lot of inspiration for the project came from Martin Scorsese's 2005 Bob Dylan documentary, No Direction Home, which also eschewed a traditional theatrical run. "I felt so satisfied and inspired by that movie that I wanted to listen to more Bob Dylan," Crowe says. "It felt like a Bob Dylan experience, and I thought that if we can make a movie the way a Pearl Jam record makes you feel, then we're in good shape."

The director, who managed to squeeze all the band members into his Seattle-set romantic comedy Singles back in 1992, insists this isn't your standard Behind the Music fare. "I've always felt that the story of Pearl Jam is a great story," Crowe says. "It's beyond just a rock story. In fact, it takes the usual rock story and turns it on its head. The usual rock story is incredible promise — brilliance, maybe. Tragedy cuts it short. And aren't we sad that we've lost this wonderful opportunity. Pearl Jam is exactly the opposite. It's a tragedy that was surmounted. And these guys found joy through survival, and studying what happened with rock before with some of their heroes."

For the band, while the amount of focus and introspection might be uncomfortable at first, they're more than happy with the finished product. "Maybe it's good that this movie kind of happened now. We've been in grateful mode and appreciation mode of each other for, I think, for quite some time," says lead singer Eddie Vedder. "It's a galvanizing kind of moment to look at each other. It doesn't happen that often. You look at all the crowd reaction, or the family that is the people that come to see the shows," Vedder says. "It's just music. It's just guitars and drums and bass. To have it turn into this other thing is kind of a monument. ... I don't mean to self-aggrandize, but it's really something to see it and witness it, and, in this case, be reminded of it and have it right there in front of us so that we can appreciate it even more. And know that we have a really strong base to, like, cover the next 20."

Screenings

- Pearl Jam Twenty screens tonight at select theatres across Canada.
- Visit filmswelike.com for locations and times.

Scene in brief



Stephen Colbert meeting Radiohead calls for an hour-long episode of The Colbert Report. The Comedy Central show will air its first hour-long episode Sept. 26, when Colbert sits down with the British rock group. Radiohead will perform four songs, featuring material off its most recent album, The King of Limbs.

THE ASSOCIATED PRESS

Scan this code or visit metronews.ca/scene to find out who claimed the Polaris Prize at last night's gala.

DVD Releases

Buy it | Rent it | Borrow it | Yawn | Don't bother

Bridesmaids
Genre: Comedy
Director: Paul Feig
Stars: Kristen Wiig, Maya Rudolph, Rose Byrne



The surprise summer hit Bridesmaids is smart, funny and frequently gross. The fact is that the gals can be every bit as riotous and rude as the guys, but they aren't always given a chance.

SNL's bright light Kristen Wiig stars (and also co-writes with Annie Mumolo) as terminal failure Annie, a woman on the verge of a marital meltdown not of her making. Annie is pulled into the mine field of wedding planning when her childhood BFF Lillian (Maya Rudolph) asks her to be her maid of honour.

Lillian neglects to tell her that she's also asked her new BFF Helen (Rose Byrne, deliciously bitchy) to do much the same job, which the affluent Helen is all too eager and capable to do. The inevitable friction between the two and the other brides continues on a road trip to Vegas.

PETER HOWELL

Conan O'Brien Can't Stop
Genre: Documentary
Director: Rodman Flender
Stars: Conan O'Brien, Andy Richter, Stephen Colbert

Where others might have speed-dialed the suicide-prevention hotline following the late-night lunacy of early 2010, Conan O'Brien instead called his travel agent. Humbled by his abrupt exit from The Tonight Show, and blocked from immediate TV work, the ginger-haired funnyman exorcised his demons in public. His resulting 33-city touring song-and-joke variety show, captured by the documentary lens of Rodman Flender for Conan O'Brien Can't Stop, is combination therapy and screw-you retribution.

Flender doesn't belabour the events that led up to O'Brien's rise, fall and subsequent rise again (he has a new show on TBS) in the late-night wars. But neither does Flender deliver a big sloppy valentine to O'Brien, who comes across as affable yet prickly during his coast-to-coast trek.

PETER HOWELL

Kunis gets hacked, romance revealed?

Rumours of Timberlake's manbits making an appearance persist

Justin Timberlake and Mila Kunis are shrugging off reports that Kunis' phone was hacked last week, leading to the discovery of several steamy photos of the Friends with Benefits stars, according to People magazine.

"At no time did Mr. Timberlake and Ms. Kunis exchange inappropriate texts or emails," a joint statement from their reps reads.

"The insistence that there is any inappropriate correspondence between the two parties is entirely false."

One of the alleged photos was said to be of Kunis in a bathtub, while another reportedly showed Timberlake with lingerie on his head. A third photo reportedly featured male genitalia.

"We would like to confirm that the photo addressed in the media of Ms. Kunis was in fact not from any phone but from an inactive email account that has not existed in three years," the statement reads. "In regards to the other photos in question, they were never exchanged between the two parties." METRO

ALL IMAGES GETTY



▶ Justin Timberlake and Mila Kunis

Celebrity tweets


@oliviawilde

If I'm remembered for one thing in life, it may be my ability to start spontaneous dance parties. Kids under 5 always dominate. i love kenya

@SteveMartinToGo



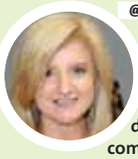
I think @ConanObrien is just about to steal a joke I'm just about to think up. So, I'm going to retro-think it up after he tweets it.

@adriangrenier



I really want to tell you how amazing the airplane bfast was on @VirginAmerica but I'm afraid you'll think I was paid :/ though I wasn't!

@ariannahuff



Have to say, with 15 million jobless, didn't see it coming that GOP nomination would hinge on HPV vaccine.

A b-day reunion for Anthony and Lopez

For his 43rd birthday, Marc Anthony got a visit from soon-to-be ex-wife Jennifer Lopez, who visited Anthony at the Miami home they used to share this weekend, according to Us Weekly.

Lopez, on a break from filming What to Expect When You're Expecting, brought by the couple's three-year-old twins, Emme and Max. METRO

Alec clears up absence

Alec Baldwin bowing out of the Emmys Sunday had nothing to do with a tiff over Rupert Murdoch-related humour.

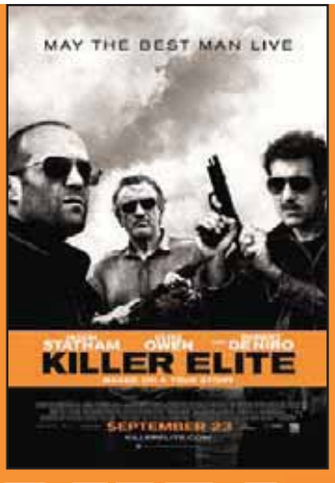
The actor had allegedly refused to take part in a comedy sketch for the awards show after a joke he planned to make about the News of the World phone-hacking scandal was nixed by the show's network, Fox.

But Baldwin, who attended Tony Bennett's birthday party in New York that night, insists that had nothing to do with it.

"I skipped the Emmys because of this — because I wanted to be here," he told People magazine. "The Emmys have been in August for the last several years, but they moved to this date and I'd already committed to this." METRO

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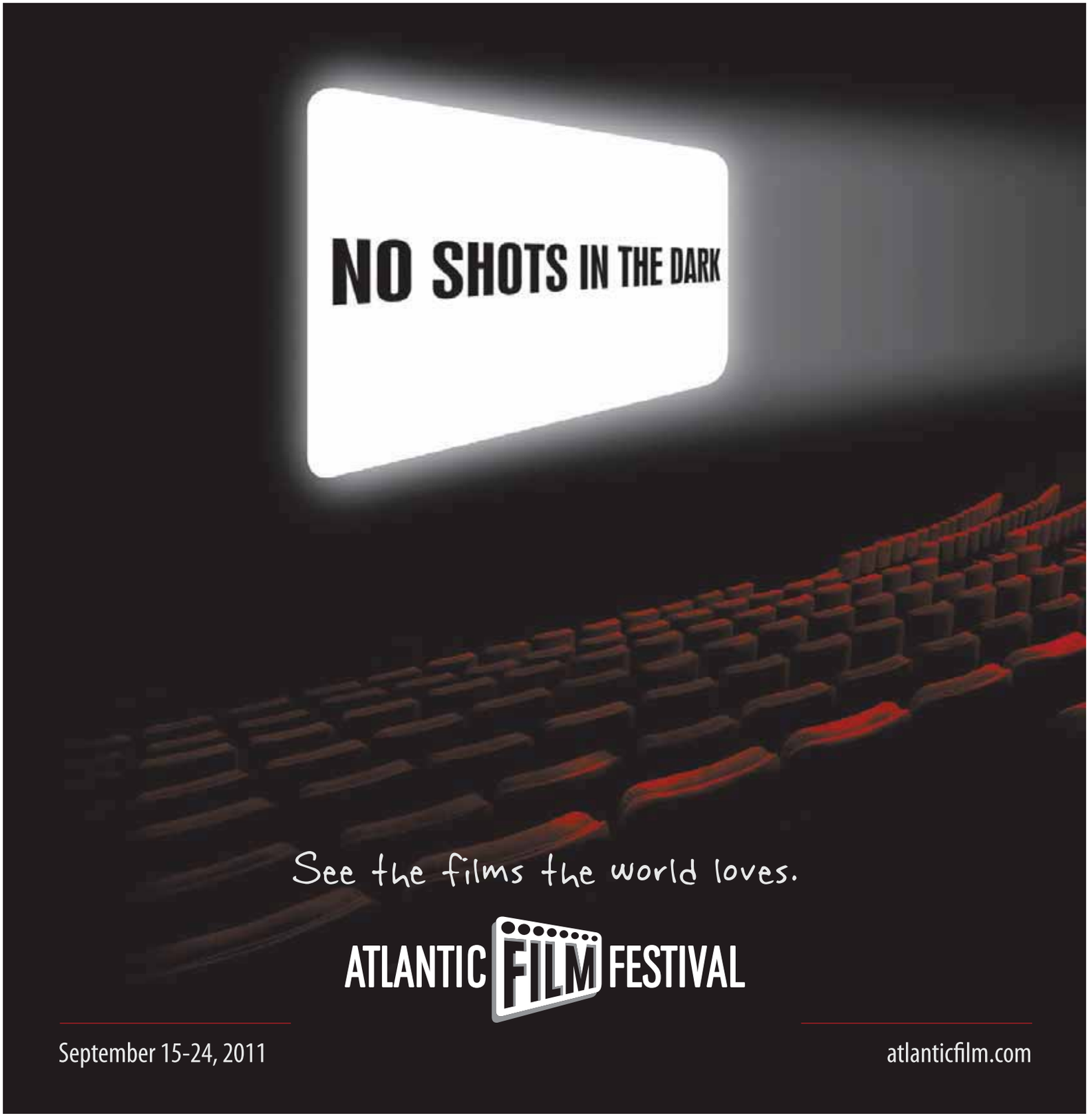
For more information on MJ and other adoptable furry friends, visit metro.spcans.ca or contact the Nova Scotia SPCA Provincial Animal Shelter at 468-7877 or info@metro.spcans.ca

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Film Highlight



Wetlands

Tuesday, September 20 | Park Lane 4 | 9:30 PM

Chosen by the Toronto Film Festival to kick off this year's prestigious Canada First series of debut films by new directors, Guy Édoin's dark pastoral domestic drama *Marécages* is set on a failing dairy farm in rural Quebec, run by the tragedy-prone Santerre family. The luminant Pascale Bussières stars as former alcoholic mother who's already lost one son; her husband—Luc Picard in a tight-lipped but moving performance—seems to understand that doom is just around the corner. And their son Simon (Gabriel Maillé in a standout turn) simultaneously carries most of the family's guilt and their hope for the future.

Full of ravishing cinematography and slow, deliberate dramatic conjunctions, *Marécages* is one the major French-language films from Canada this year and a particularly distinguished first feature from Guy Édoin.

Tuesday, September 20

31st Atlantic Film Festival

September 15–24, 2011

And we're halfway through. Crazy, right?

It's been a whirlwind. Both the Strategic Partners and Music & Image conferences are wrapped up. And from here on out, it's really all about movies, Festival Lounge events, and parties.

Tonight, get out for the CBC Shorts Gala at the Oxford Theatre. And if you missed it the first time around, Atlantic Shorts 3 screens again too.

Telefilm Canada presents the Filmmaker Series, featuring local filmmaker Hank White and Joe Leclair on the writing of *Charlie Zone*. That's all happening at 5PM at Festival Lounge (Niche Supper Club). And following that, catch the repeat screening of the film.

And this should make some people very happy. *Roller Town* was such a hit, we've just added another screening on September 22 at 9:20PM. And same goes for *Crazy Wisdom*–now screening for a second time September 22 at 7:15PM.

Five more days. Stay close.

A big kiss from,

The Atlantic Film Festival.

Today's Screenings

Dolphin Tale in 3D
Tuesday, September 20 | Park Lane 3 | 10:00 AM

DAL Retrospective: Night of the Living Dead
Tuesday, September 20 | Dal Art Gallery | 5:00 PM

CBC Atlantic Shorts Gala
Tuesday, September 20 | Oxford Theatre | 7:00 PM

Lucky
Tuesday, September 20 | Park Lane 8 | 7:00 PM

The First Rasta
Tuesday, September 20 | Park Lane 7 | 7:05 PM

Restless
Tuesday, September 20 | Park Lane 4 | 7:10 PM

Repeat: Charlie Zone
Tuesday, September 20 | Park Lane 3 | 7:15 PM

The Woman in the Fifth *Rogers Special Presentation*
Tuesday, September 20 | Park Lane 8 | 9:20 PM

The Interrupters
Tuesday, September 20 | Park Lane 7 | 9:25 PM

Wetlands
Tuesday, September 20 | Park Lane 4 | 9:30 PM

The Mill and The Cross
Tuesday, September 20 | Oxford Theatre | 9:30 PM

Repeat: Atlantic Shorts 3
Tuesday, September 20 | Park Lane 3 | 9:35 PM

Upcoming Repeat Screenings

Being Elmo: A Puppeteer's Journey
Thursday, September 22 | Oxford Theatre | 12:00 PM

Crazy Wisdom
Thursday, September 22 | Park Lane 3 | 7:15 PM

Rollertown
Thursday, September 22 | Park Lane 8 | 9:20 PM

Upcoming Parties

Closing Night Party
Saturday, September 24 | 9:00 PM
Brewery Market | 1496 Lower Water Street

Festival Lounge

Presented by: super CHANNEL

Niche Supper Club | 1505 Barrington Street
Friday, September 16 – Friday, September 23 | 12PM – 12AM

Superchannel Happy Hour:
4:00PM – 6:30PM & 11:00PM – close

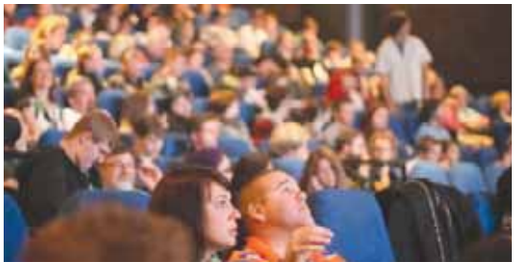
Must be 19 years of age – IDs required

Daily Drink Features:
Tuesday, September 20: Hard up Lime

Events:
Festival Lounge Lunch Series presented by National Film Board
Tuesday, September 20 | 12:00PM – 1:00PM

Telefilm Canada's Filmmaker Series:
Charlie Zone, the writing process ft/Hank White & Joe LeClair
Tuesday, September 20 | 5:00PM – 6:00PM

The Short night - CBC Gala Shorts Reception
Tuesday, September 20 | 9:00PM – 11:30PM



CROWD AT PARK LANE ON SUNDAY, SEPTEMBER 18
PHOTO CREDIT: CHELLE WOOTTEN

3 life

Flu shot



As provinces get ready to roll out their annual flu shot programs, new research suggests vaccinating little kids could significantly reduce hospital visits during flu season. The study shows emergency department visits for flu-like complaints declined by 34 per cent.

THE ASSOCIATED PRESS



Lock up medications: More young kids getting inadvertently poisoned: study

ISTOCK PHOTO



▶ One expert says everyday painkillers are getting a bum rap.

Pregnancy and the pain

Director of Motherisk program at Sick Kids preaches talking to your physician, not panic

CELIA MILNE
LIFE@METRONEWS.CA

Can you safely take Advil while you are pregnant? Ask your doctor.

A new study from the University of Montreal has revealed a possible link between NSAID painkillers and miscarriage.

While this study is a useful reminder that women should be cautious about taking drugs in pregnancy, it certainly doesn't prove anything, says Dr. Gideon Koren, director of the Motherisk program at the Hospital for Sick Children in Toronto.

"It is a national sport in Canada to scare pregnant women, even through research which cannot prove the point," says Koren of the study.

"As a rule, Motherisk believes that in pregnancy women should not self-prescribe, but rather talk to their physicians on needs, benefits and risks."

Here's how the Montreal study worked: Using a Quebec registry of patients, researchers found 4,705 women who had had a miscarriage.

Each case was compared to 10 women in the registry who had not had a miscarriage.

They looked back over records to find out which women had been prescribed NSAIDs by a doctor. NSAIDs include celecoxib (Celebrex), rofecoxib (Vioxx), ibuprofen (Advil) and naproxen (Aleve).

They found that women who received at least one prescription for NSAIDs were more than twice as likely to have a miscarriage than women who did not.

The study, which was published in the Canadian Medical Association Journal, did not ask women whether they actually took the drugs, and did not include information about women taking over-the-counter Advil and Aleve.

"The study from Montreal has, we believe, major methodological problems that do not allow drawing a conclusion," says Koren.

Couples needed for research study

We are looking for heterosexual women (18 - 45 years) experiencing **vulvo-vaginal pain** and their partners (18 years or older) who:
• Have been cohabitating for at least 6 months • Have Daily Internet Access

Women will undergo a gynaecological exam. Couples will then complete questionnaires at the IWK Health Centre as well as brief, web-based questionnaires daily, at home, for two months.
Compensation is $116 per individual ($232 per couple)

IWK Health Centre
Université de Montréal

For more information: 470-6532
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LOCATION: Room 1009, Kenneth Rowe Building, Dalhousie University • 1236 Henry St., Halifax

Who should attend? Families, parents, youth, seniors, health care providers, mental health professionals, educators, service providers, justice workers and the general public. Snacks and Beverages will be provided. ***This is a FREE event!***

Presentations:

• **Suicide**
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• **Mood Disorders and Cardiovascular Disease**
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FDA says OZ claims are false

The U.S. Food and Drug Administration and a leading doctor are disputing claims by television show host Dr. Mehmet Oz that trace amounts of arsenic in many apple juice products pose a health risk.

Oz said on his show last week that testing by a New Jersey lab has found what he implied are concerning levels of arsenic in many juices.

However, the FDA says the lab methods were not appropriate and that its own tests show much lower arsenic levels. The agency warned the show's producers in advance that their testing was misleading.

Dr. Richard Besser, former acting head of the Centers for Disease Control and Prevention, also scolded Oz.

THE ASSOCIATED PRESS

Concussions have an impact on NHL

Brain injuries — and how to prevent them — top of mind as NHL training camps begin Few solutions

With blades hitting the ice with the start of NHL training camps last Saturday, the issue of concussions in hockey is top of mind for a group of doctors, researchers and players who want to educate the public about the potential long-term effects of the brain injury.

A public meeting held on the weekend at Toronto's St. Michael's Hospital looked at the situations under which concussions occur and how they can be prevented, with a focus on teaching young players about the dangers of head trauma and how to better protect themselves.

"There's still an attitude out there that brain injury is like a broken arm," said neurosurgeon Dr. Michael Cusimano, who helped organize the conference. "We take our brains for granted, and we need to have people realize that you can't take your brain for granted."

RYAN REMIORZ/THE ASSOCIATED PRESS



▶ Max Pacioretty has suffered concussions.

Michael Hutchison, a post-doctoral fellow in injury prevention at St. Mike's, presented findings from a study of almost 200 concussions that occurred among NHL players from the start of the 2007 season to mid-season 2010.

By analyzing video clips of incidents that led to those brain injuries, Hutchison found that, not surprisingly, most are caused by direct hits to the head involving actions by other players — predominantly head shots with a shoulder, elbow or gloves. The study also showed that forwards incurred more concussions than defencemen.

THE CANADIAN PRESS



Best Health Minute

BONNIE MUNDAY, EDITOR-IN-CHIEF, BEST HEALTH MAGAZINE

Not all fats are bad For optimum health, don't cut out all fats; you should eat healthy fats (meaning the monounsaturated/polyunsaturated) each day, according to Canada's Food Guide. But even some of those are better than others.

The following four foods are all good in that they are low in saturated fat and have zero cholesterol.

Here's what's in one tablespoon in terms of calories and fat:

- Olive oil 120 calories, 14 grams fat (2 grams saturated)
- Margarine (non-hydrogenated) 105 calories, 12 grams fat (2 grams saturated)
- Peanut butter 90 calories, 7 grams fat (1 gram saturated)
- Avocado 24 calories, 2 grams fat (1 gram saturated)

My pick as a spread is avocado, hands down When that midmorning hunger hits, there I am spreading a quarter of an avocado onto a piece of wholegrain toast or a few crackers. A squeeze of lime gives it some zip, and this is a snack that sets you up until lunch time.

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THE RING HAS GOT TO GO

CHARLES THE BUTLER



ASKCHARLES THEBUTLER@ METRONEWS.CA

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Dear Charles,
What is the etiquette of engagement rings? Our specific question is, since the groom left the bride BEFORE they got married, can she keep the ring? It's an incredible rock and he can easily afford it because he has lots of money. What to do?

ISTOCK



▶ Engagement rings are based on the promise of marriage.

Dear What to do,

I'm sorry to hear of this broken engagement. Matters of the heart are never easy. The honourable gesture is to return the ring.

Put the entire situation into a larger perspective.

The ring is based on the promise of marriage. Therefore when this promise doesn't happen, keeping the ring puts your bride in the wrong.

We wouldn't want the bride to appear opportunistic and thus greedy.

And between us, I personally believe by returning the ring she will surround herself with good karma for the next great man in her life!

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

ATTENTION: LADIES AND GENTLEMEN!

Do you suffer from arthritic pain?

Dr. Lucie Brosseau and her colleagues are seeking participants to take part in a study evaluating the impact of an on-line educational program for patients with osteoarthritis (OA) and rheumatoid arthritis (RA). The study will offer you a method to effectively measure and relieve your arthritis. The "People Getting a Grip on arthritis (PGrip)" online program consists of new educational material on self-management strategies which has proved to be effective to relieve your arthritis.

HOW? Submit information to pgriponline@gmail

WHEN? October 10, 2011

WHO? Individuals who have osteoarthritis and rheumatoid arthritis

COST? FREE

REGISTER BEFORE SEPTEMBER 30TH, 2011

Submit your information (name, E-mail, and postal address) by fax : 613-562-5428 or by e-mail : pgriponline@gmail.com

For any questions please contact Dr. Lucie Brosseau : Lucie.Brosseau@uottawa.ca

You will receive a free "People Getting a Grip on arthritis (PGrip)" new online package which includes:

- Access to all of the presentations on the Arthritis Society website.
- A $20 gift certificate
- Two memos to record your physical activity and your healthy eating
- Internet links to access Canada's Food Guide to Healthy Eating and The Canadian Guide to Healthy Active Living
- Other effective strategies not contained in the online PGrip program
- Much more!

CIHR IRSC

The Arthritis Society People Getting a Grip on arthritis

uOttawa

No-fuss Japanese at Ko-Doraku

This food court find is only open for lunch and only takes cash It serves up delicious options such as sushi, chicken teriyaki and tempura

LUNCH RUSH

VALERIE MANSOUR
FOOD@METRONEWS.CA



We encounter a line-up of about a dozen people at Ko-Doraku but it moves quickly and in 15 minutes we've placed our order and in five more we're delving into a tasty lunch.

My nephew is no sushi fan, so he enjoys the chicken teriyaki ($5.50) with tender slices of chicken on rice with a side salad, as well as the tempura appetizer ($4.15) including two shrimp and three slices of sweet potato.

I can't resist the Sushi Special ($12) with six California rolls covered with roe, and four fresh nigiri sushi (fish on rice): tuna, salmon, smoked salmon and shrimp. It's also accompanied by a salad and a generous amount of wasabi and pickled ginger.

Ko-Doraku — which was also the name of the Dresden Row restaurant now called Suzuki — is only open for lunch and takes only cash. For a lunch rush it hits the spot.

VALERIE MANSOUR



▶ Sushi Special ($12)

Ko-Doraku

Spring Garden Place Food Court
5657 Spring Garden Rd.
Reservations: No
Social lunch: Yes
Quick solo lunch: Yes
Lunch with co-worker: Yes
Client negotiations: No
Price range: $$
Rating: 3.5 out of 5

Correction

In yesterday's Metro, Rose Reisman's Swap It identified a Starbucks Pumpkin Scone as having 78 g of fat instead of 78 g carbs.

THE CANADIAN PRESS H/O

Avgolemono Soup



Preparation:

1. In large saucepan over medium-high, melt butter. Add onion, carrots and garlic, sauté until onions and carrots are tender, 6 mins.
2. Add broth and bring to simmer. Add orzo and thyme, cook for 6 mins. or until orzo just tender but not mushy.
3. In medium bowl, whisk eggs and lemon juice. Ladle out 250 ml (1 cup) of broth and drizzle it into eggs while whisking. Remove saucepan from heat. While whisking broth and vegetables in saucepan, slowly pour in egg mixture. Whisk until smooth, season with salt and pepper.

THE ASSOCIATED PRESS

Ingredients:

- 15 ml (1 tbsp) butter
- 1 yellow onion, diced
- 250 ml (1 cup) shredded carrots
- 2 cloves garlic, finely minced
- 1 l (4 cups) chicken broth
- 50 ml (1/4 cup) orzo pasta
- 5 ml (1 tsp) finely chopped fresh thyme
- 3 eggs
- 45 ml (3 tbsp) lemon juice
- Salt and black pepper

Kick off soup season with chowder

This one-pot fish chowder originates in Chile Its bold flavours provide a welcome warmth for cool nights

As bold in colour as it is in taste, this one-pot fish chowder is packed with flavour. For a more authentic flavour, omit the turmeric and substitute with a pinch of saffron.

Preparation:

1. In a large Dutch oven or saucepan, heat oil over medium-high heat. Add onions and cook until tender, about 5 minutes. Add cumin, coriander, turmeric, salt and red pepper flakes; cook, stirring for 1 minute. Add rice and pumpkin or squash. Stir in broth and bay leaves, scraping any bits from the bottom of the pan. Cover and let simmer gently, stirring often for 20 minutes. Add fish and cook, covered, 10 minutes more, or until fish is opaque.
2. Sprinkle with parsley.

THE CANADIAN PRESS

Ingredients:

- 30 ml (2 tbsp) olive oil
- 2 onions, chopped
- 5 ml (1 tsp) each ground cumin and coriander
- 2 ml (1/2 tsp) turmeric
- 5 ml (1 tsp) coarse salt
- 2 ml (1/2 tsp) red pepper flakes
- 125 ml (1/2 cup) long grain white rice
- 1 kg (2 lb) pumpkin or squash, peeled and diced
- 1 l (4 cups) fish or chicken broth
- 2 bay leaves
- 500 g (1 lb) skinless haddock or cod fillets, cut into chunks
- 50 ml (1/4 cup) chopped fresh parsley

THE CANADIAN PRESS/ USA RICE FEDERATION (GEOFF GEORGE)



▶ This recipe serves four.

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Look way past your family's immediate back-to-school costs of books, calculators and clothing. According to TD Bank, a small child today will be faced with approximately $80,000 in post-secondary education expenses.

Parents naturally want what's best for their kids, but the sheer price tag of education leaves them wondering how they're going to make it happen.

Rest assured; education is the most lucrative investment you can make in your child. According to the National Graduate's Survey, their long-term income earning ability is up to a million dollars greater than someone without post-secondary. Plus they'll benefit from more flexibility to pursue a career they're passionate about.

Planning ahead using the Registered Education Savings Plan (RESP) is the best way for families to save for a child's education.

The major benefits of the RESP are; first, money grows through the power of compounded returns; second, the growth is tax-deferred and; third, the government gives you free money toward the plan.

Start now. As soon as your child is born, or once you read this, open an RESP account for them. All you need is a Social Insurance Number for your child and a 30 minute appointment with your financial advisor.

A professional advisor will assist you in selecting the right investments for the RESP portfolio.

Contribute regularly. Every time you get paid, automatically contribute to the RESP that same day.

RESPs are the way forward

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA



Jack is only 3 ½ years old but he has a portfolio. With $1,600 in his RESP (Registered Education Savings Plan), he is starting down a lifelong path of saving and investing.

Since he's my grandson, my goal is to make sure that his nascent portfolio grows happily and safely until he heads off into the post-secondary world.

With some predicting that the cost of a four year degree will hit $100,000 by the time he is of university age, I'd rather he have a shot at higher learning without being encumbered by a debt that will haunt him well into his 30s.

His parents, Jeff and Claudia (my daughter), have all the usual challenges of young moms and dads from mortgages and car loans to saving for their retirement, not to mention all the wants that assail young homeowners from new carpeting to upgrading their kitchen. It's tough to find extra dollars for savings. Do they put those scarce funds in a TFSA (tax-free savings account), RRSP, RESP or devote the money to paying down debt?

Every situation is different, but in Jeff and Claudia's case, I'd rather a bit of money be devoted to Jack's RESP every month than to their RRSPs, if they have to make the choice.

And that's because education is a shorter-term obligation. Jack will be heading off to college or university decades before Jeff and Claudia retire.

While RRSPs provide a tax deduction, the CESG (Canada Education Savings Grant), tops up RESP contributions by 20 per cent on the first $2,500 contributed.

ISTOCK



▶ Alison's money rule: Free government money makes RESPs the best deal going for young families.

Higher income families will get a little less on the first $500 and lower income families more, but the average Canadian can count on that grant annually up to a maximum of $7,200 over the life of the plan.

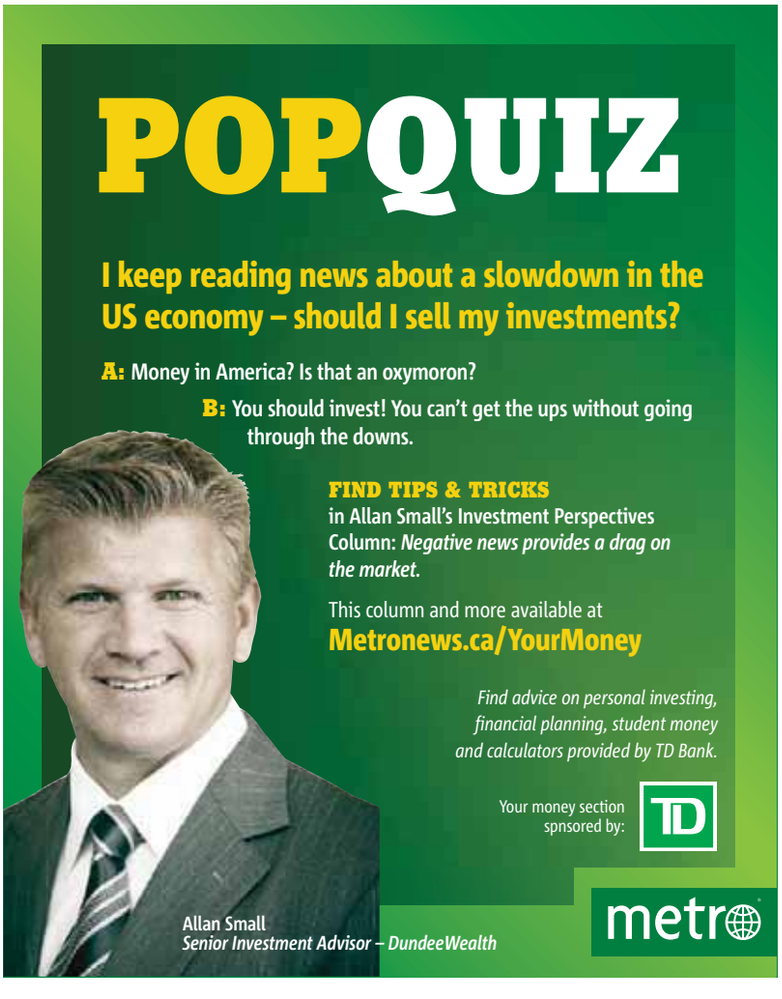
Once the money is inside an RESP you have to decide what to do with it. I posed this question to Jack as he hammered the siding on my house with his new tools. He didn't have an answer. Jeff and Claudia don't have an answer either.

A bank advisor, eager to sell investment products, has already contacted them. Should they go with mutual funds? And if so, which of the 15,000 are their best bet?

Next week I'll tell you what I told them. **CONTACT ALISON AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM**







4 sports

More sports



THE HALIFAX MOOSEHEADS HAVE RECEIVED GOOD NEWS ON THE PLAYER FRONT. KONRAD ABELTSCHAUSER, PICTURED, HAS RETURNED TO THE CLUB AFTER ATTENDING CAMP WITH THE SAN JOSE SHARKS. AND FELLOW 19-YEAR-OLD DEFENCEMAN SAWYER HANNAY IS SCHEDULED BACK THIS MORNING FROM THE VANCOUVER CANUCKS. THAT JUST LEAVES TWO PLAYERS STILL AWAY AT NHL CAMPS – FORWARDS ALEXANDRE GRENIER (VANCOUVER CANUCKS) AND BRENT ANDREWS (NASHVILLE PREDATORS).

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Eddie Robinson and Rodney Buford say they're committed to Rainmen and bringing championship to Halifax ◐ Robinson made $5 million plus per season in NBA ◐ Buford most recently suited up professionally overseas in Greece, Israel, Ukraine and Germany

RYAN TAPLIN/METRO



▶ Halifax Rainmen owner Andre Levingston, left, with Rodney Buford and Eddie Robinson at yesterday's press conference to announce the signing of the former NBA players.

Rainmen bring big talent to Halifax



PHILIP CROUCHER
@METRONEWS.CA

"These are two guys that have never been classified as guys that don't work hard."
RAINMEN OWNER ANDRE LEVINGSTON

Eddie Robinson admits he had never heard of Halifax until talk of him playing basketball in the city began to surface.

"I actually thought it was closer to Toronto," grinned the former NBAer. "I Googled it on the map and was like, wait a minute.

"But it's always fun to go to a different place and experience different cultures."

Robinson and fellow former NBAer Rodney Buford were the star attractions at yesterday morning's much anticipated Rainmen press conference.

The presser to announce the signing of four players was dubbed by the team as "undoubtedly the largest in franchise history" and saw both local and national media in attendance.

The two signings, along with returnees Taliek Brown and DeAndre Thomas, were the first by the Rainmen since joining the new National Basketball League of Canada.

The 35-year-old Robinson last suited up in the NBA during the 2003-04 season with the Chicago Bulls. In his five-year NBA career, the six-foot-nine guard/forward — who also played for the Charlotte Hornets — averaged seven points and 2.7 rebounds per game. He hasn't played professionally since 2008.

"I just love playing," Robinson said of his reason for coming to Halifax. "This game will take you anywhere — it will take you all over the world.... once I got the call, I said yes immediately."

Buford, 33, played in the NBA for the Miami Heat, Philadelphia 76ers, Memphis Grizzlies, Sacramento Kings and New Jersey Nets from 1999 to 2005. The six-foot-five shooting guard averaged 6.4 points and 2.6 rebounds per game.

After playing the last several years professionally overseas, Buford was looking to be closer to his home in Nebraska.

"Everywhere I go I don't plan on going there for a week and leaving," Buford said. "I plan on staying for the long haul. It just makes me feel better as a person to know that I've been there the whole year."

Levingston said making sure Robinson and Buford were committed to the team factored in the signings.

"They seem really excited about it," Levingston said. "They want to come here and work and be leaders."

Owner open to more additions

Team owner Andre Levingston won't rule out the possibility of more big-name signings in the near future.

▶ "You never know," he said coyly.

RYAN TAPLIN/METRO



▶ DeAndre Thomas

Overflow of talent expected at camp

The Halifax Rainmen will kick off training camp on Oct. 7 at the Canada Games Centre in Clayton Park, team owner Andre Levingston said yesterday.

And he predicts it will be "very, very intense"

"This is probably going to be the most talent we've ever had in camp, to be totally honest," Levingston said. "There are going to be some good basketball players that don't make this team."

Levingston expects 18 or 19 players to come to camp, including all four who signed yesterday.

Besides Eddie Robinson and Rodney Buford, Halifax is bringing back point guard Taliek Brown and centre DeAndre Thomas, key contributors to last year's team.

As for longtime Rainmen Eric Crookshank, Levingston said negotiations are ongoing.

"He's a guy we're still interested in returning," he said.

The league also announced its pre-season schedule yesterday. The Rainmen begin play with a home-and-home series with the Summerside Storm of Prince Edward Island on Oct. 22 and 23. The second game is at the Metro Centre at 2 p.m.

Halifax kicks off its regular season on Saturday, Nov. 5 at home to the London Lightning.

PHILIP CROUCHER

Prison gives Danton tools to aid teammate

Former Saint Mary's Huskie administers first aid to convulsing player

Mike Danton played the hero in his opening game of the Swedish league.

The former NHL player, who served five years behind bars for a failed murder-for-hire plot, rushed to the aid of IFK Ore teammate Marcus Bengtsson, who was convulsing on the ice after a hard hit Sunday.

Danton, 30, was released from prison in 2009 and then played two seasons with the Saint Mary's Huskies before signing this summer with IFK Ore, which plays in the third tier of Sweden's pro system.

"One of the luxuries of my prison experience afforded me to take a first aid course and become certified in first aid response," Danton wrote in his blog on the website of DT, a Swedish newspaper.

ANDREW VAUGHAN/THE CANADIAN PRESS



▶ Mike Danton during practice in Halifax last January.

According to Danton's blog, Bengtsson took a late hit with about 14 minutes left in the game against Soderhamn/Ljusne. He lay on the ice suffering convulsions for six or seven minutes.

"As his eyes continued to roll into the back of his head, his mouth finally opened a bit," wrote Danton, who is captain of the Swedish team. "It was at that time that I jammed my fingers into his mouth and clawed his tongue."

Bengtsson was taken to hospital in Mora, about a 35-minute drive from Furudal. Danton wrote that Bengtsson was alert in hospital but had no memory of the incident.

IFK Ore went on to win the game 4-3.

Danton scored nine goals in 87 NHL games with the St. Louis Blues and New Jersey Devils. He helped Saint Mary's win a Canadian university hockey championship while maintaining a straight A average. THE CANADIAN PRESS

Sports in brief

No sell out yet for Touchdown Atlantic II

CFL. Last year, the Edmonton Eskimos defeated the Toronto Argonauts at Moncton Stadium in the first CFL regular-season contest played in Atlantic Canada.

The contest drew a sell-out crowd of 20,725, but as of yesterday roughly 1,000 tickets remained for Sunday's game between the Hamilton Tiger-Cats and Calgary Stampeders. THE CANADIAN PRESS

Chiefs lose star running back

NFL. The season is over for Jamaal Charles.

The All-Pro running back will go on injured reserve after tearing the anterior cruciate ligament in his left knee, a person familiar with the injury told The Associated Press, leaving the winless Kansas City Chiefs without one of their best offensive players. THE ASSOCIATED PRESS

Rivera sets standard for saves in win over Twins



MLB. Mariano Rivera pitched a perfect ninth inning then doffed his cap as cheers washed over him at Yankee Stadium following his major league record 602nd save in the New York Yankees' 6-4 win over the Minnesota Twins yesterday. THE ASSOCIATED PRESS



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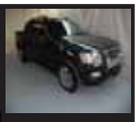
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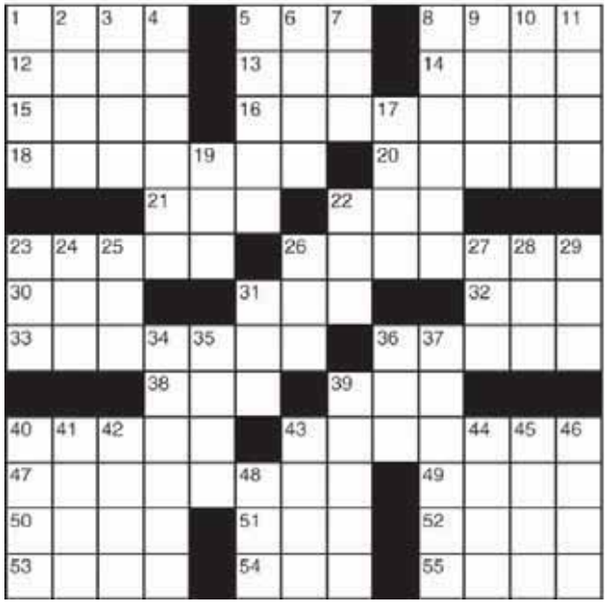
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Crossword



Across

1 Padlocked fastener
5 Pigpen
8 Human heart, basically
12 Always
13 Before
14 Sandwich cookie
15 Note from the boss
16 Staff with robots?
18 Ape, e.g.
20 Pie-in-the-face sound
21 — de deux
22 Same (Pref.)
23 Verbalizes, Biblically
26 Weather conditions
30 White wine aperitif
31 Stir-fry pan
32 Trotted
33 Mosque leader's office
36 "The Silence of the —"
38 "— Impossible"
39 Help
40 Thingamajig (Var.)
43 Enliven
47 Quite close
49 "American —"
50 Gangster's subordinate
51 Dress in
52 Tiers
53 Hosiery woe
54 Suitable
55 Slave to crosswords?

Down

1 Rope fibre
2 State with conviction
3 Big truck
4 On time
5 Airplane furniture
6 Verifiable
7 Nevertheless
8 Cheerleader's prop
9 Caspian Sea feeder
10 Transcending (Pref.)
11 Versifier
17 Bone (Pref.)
19 Backrub response
22 Sort
23 Enjoy Aspen
24 Intention
25 Playwright Levin
26 Miler Sebastian
27 Branch
28 Bill
29 Type measures
31 Lbs., ozs., et al.
34 Acting out wordlessly
35 Teeny bit
36 Roman 52
37 Put on a pedestal
39 Regarding
40 Showbiz jobs
41 Part of the loop
42 Old portico
43 On
44 Commotions
45 It may be painted red
46 Otherwise
48 Oklahoma city

▶ Yesterday's answer



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

	1		2	9				
	3		5				9	7
		5	4			2		
						8	6	5
4				6				9
6	5	8						
		9			7	4		
1	8				2		5	
				8	9		3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	3	1	6	9	2	8	5	4
4	2	5	7	1	8	3	6	9
9	8	6	4	3	5	7	1	2
5	7	9	3	2	1	4	8	6
1	6	8	9	4	7	2	3	5
2	4	3	5	8	6	1	9	7
8	9	4	2	5	3	6	7	1
6	1	2	8	7	9	5	4	3
3	5	7	1	6	4	9	2	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

My Sugarbear
Hey Babe, love you very much! Even with all thats going on right now I will always have your back because you have always had my back and I respect that so much! I don't know what I would do without you. Age, Race, none of that matters when you got someone thats real to you and loves you for you! Keep your head up baby, your all mine and always will be, can't wait to cuddle you again and see you smile! =) Never let anyone bring you down, your a star in my eyes! **FROM CANDYSWEETZ**

Lake
As a river I am in love with lake. Sometimes it takes longer to reach the shore, but it eventually does. So be patient and stay strong n keep your heads up. You are my one n only true love L. Take care. Smile pl.:):) **FROM RIVER**

Today
20°/12°
Partly cloudy
Wednesday
20°/12°
Variable
Your #1 weather forecast now available in HD.
Check your local listings for details.
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Today's horoscope

♈ Aries March 21-April 20 Stay positive, and great things will happen.

♉ Taurus April 21-May 21 You still have enough time to put the finishing touches to something of a creative nature.

♊ Gemini May 22-June 21 If you somehow get involved in a dispute between friends or relatives today you must be even-handed.

♋ Cancer June 22-July 22 Change is good and positive.

♌ Leo July 23-Aug.23 If you want something enough you will find a way to get it, but it may cost you more than you expected.

♍ Virgo Aug. 24- Sept. 22 You will always get another chance. Don't put pressure on yourself unnecessarily.

♎ Libra Sept. 23-Oct. 23 You are on the cusp of a wonderful new phase.

♏ Scorpio Oct. 24-Nov. 22 Focus on what you desire today and you might just get it.

♐ Sagittarius Nov. 23-Dec. 21 If you throw in the towel now you will regret it later when the omens turn in your favour.

♑ Capricorn Dec. 22-Jan. 20 Make use of the Sun's last days in helpful Virgo to finalize your plans. Then, when the Sun crosses the career angle of your chart on Friday, you can act with the confidence of knowing you will succeed.

♒ Aquarius Jan. 21-Feb. 18 Whatever kind of news you receive today, don't take it too seriously.

♓ Pisces Feb. 19-March 20. You need to make a decision about a partnership or relationship matter, and you need to make it soon.

SALLY BROMPTON

Caption contest

RICK BOWMER/THE ASSOCIATED PRESS



SETH PERLMAN/THE ASSOCIATED PRESS FILE



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FUTURE GENETICS
PARENTS TO CREATE THEIR OWN SIDNEY CROSBY {page 2}

CONNECTED
USING THE INTERNET FOR FASTER INNOVATION {page 4}



WHEELS OF TOMORROW
GREEN AND STYLISH {page 3}



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September 20, 2031
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News worth sharing.

DAVID VAN DYKE/PHOTO ILLUSTRATION/FOTOSEARCH.COM

Drawing the future

Youth of today are in control of what their lives will look like in 2031 Metro teams up with a group of young writers to get a glimpse of what the future holds

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Born to be … anyone you want

Did you want to be an athlete or a rock star? Genetics screening will help detect predispositions toward certain skills, strengths and attributes

Ever wonder what you were born to be? The next Katy Perry? Or Sidney Crosby? Well, 20 years from now, you won't be wondering — you'll know.

Here's how: Genetic screening in early childhood will detect specific genes that offer a predisposition to certain skills, allowing parents to direct their children toward careers that they were just born to have.

"There are already options available to test for things like traits," said Jill Davies, director of genetics at Medcan Clinic in Toronto. "You can predict what a person's eye colour will be, or whether they're going to be sprint runners."

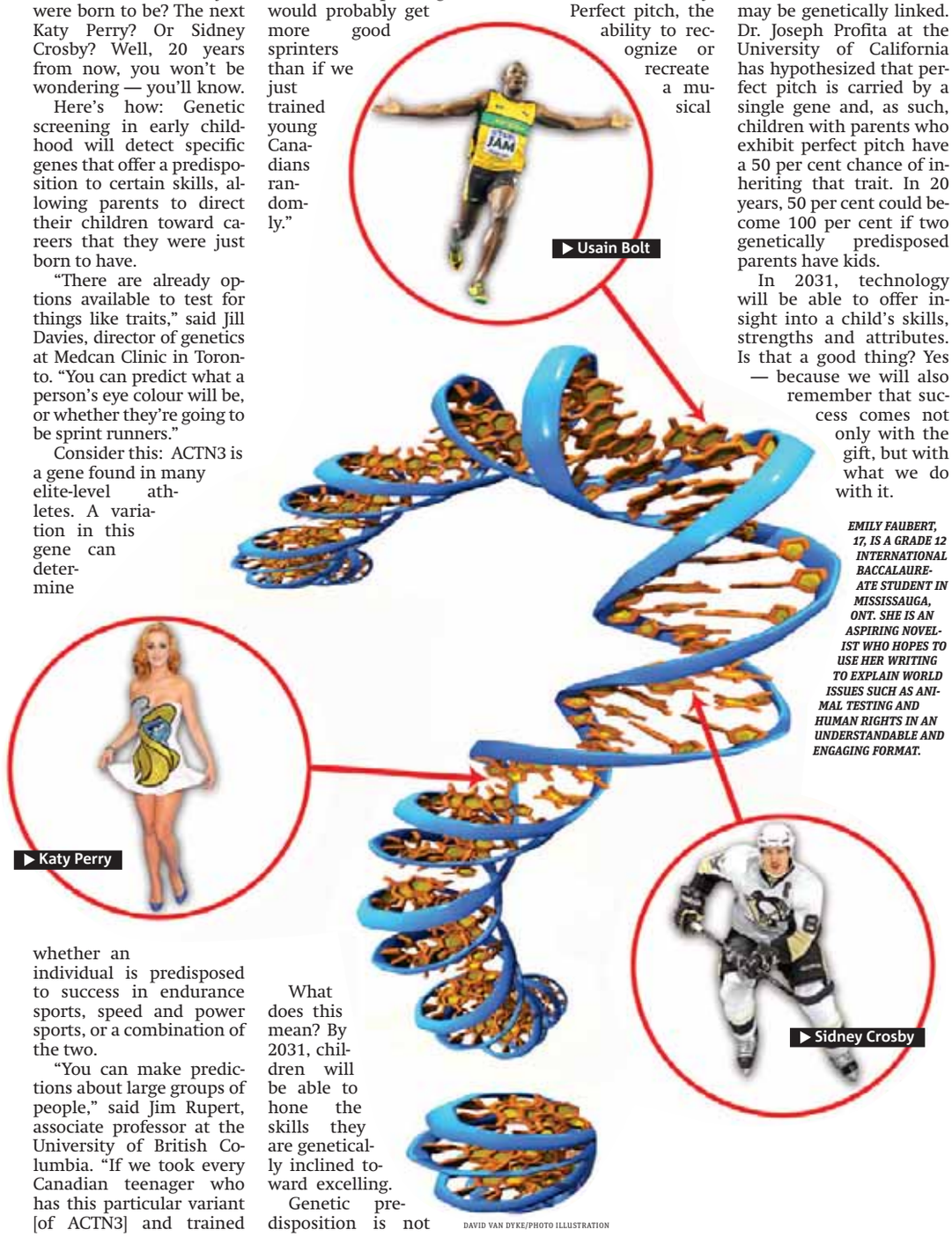
Consider this: ACTN3 is a gene found in many elite-level athletes. A variation in this gene can determine whether an individual is predisposed to success in endurance sports, speed and power sports, or a combination of the two.

"You can make predictions about large groups of people," said Jim Rupert, associate professor at the University of British Columbia. "If we took every Canadian teenager who has this particular variant [of ACTN3] and trained them all for sprinting, we would probably get more good sprinters than if we just trained young Canadians randomly."

What does this mean? By 2031, children will be able to hone the skills they are genetically inclined toward excelling.

Genetic predisposition is not limited to athletic ability. Perfect pitch, the ability to recognize or recreate a musical note, is another trait that may be genetically linked. Dr. Joseph Profita at the University of California has hypothesized that perfect pitch is carried by a single gene and, as such, children with parents who exhibit perfect pitch have a 50 per cent chance of inheriting that trait. In 20 years, 50 per cent could become 100 per cent if two genetically predisposed parents have kids.

In 2031, technology will be able to offer insight into a child's skills, strengths and attributes. Is that a good thing? Yes — because we will also remember that success comes not only with the gift, but with what we do with it.



DAVID VAN DYKE/PHOTO ILLUSTRATION

EMILY FAUBERT, 17, IS A GRADE 12 INTERNATIONAL BACCALAUREATE STUDENT IN MISSISSAUGA, ONT. SHE IS AN ASPIRING NOVELIST WHO HOPES TO USE HER WRITING TO EXPLAIN WORLD ISSUES SUCH AS ANIMAL TESTING AND HUMAN RIGHTS IN AN UNDERSTANDABLE AND ENGAGING FORMAT.

EDITOR'S NOTE

Welcome to 2031!

We have seen the future — and we want to share it with you.

Metro's Future Daily began with a simple idea. What will Canada and the world look like 20 years from now? When we reached out to our network of young writers, the response was overwhelming. Story ideas ranged from technology, education and science to the future of media, the environment, fashion and food.

With so many incredible ideas, the scope of the project doubled and the issue began to take shape. We wanted it to be innovative, creative and cutting edge. We found ourselves working with a diverse lineup. It seemed that our writers wanted to focus on issues that reflected their passion, and not just their creativity. So began our summer project…

The stories you will read here reflect the vision of young people across Canada. There is something here for everyone. If you are a businessperson, you may find it interesting to read Tarini Chandak's vision for a mainstream business model based on social entrepreneurship.

Flip the pages to discover what foods we will be eating in 2031 and how we will conserve our planet's water supply. Explore crowd-accelerated innovation with Selin Jessa, as she delves into the theory behind the online video movement.

Want to know whether your children and grandchildren can be superkids? Read Emily Faubert's vision for genetic predetermination. And there's more…

We, young writers and dreamers of this age, have tapped into our limitless optimism to compile this issue to bring you our vision of an alternate future — a future that is free of apathy and band-aid solutions.

Let us all take a step toward that sustainable future. Here's to piloting the next 20 years and beyond!

The Editorial Team

THE FUTURE DAILY EDITORIAL TEAM, LED BY FREE THE CHILDREN STAFF, IS COMPOSED OF FIVE YOUNG, ASPIRING JOURNALISTS WHO ARE PART OF THE JUNIOR JOURNALISM PROGRAM RUN BY FREE THE CHILDREN.



"By 2031 I would love to see a cure for most if not all of the world's terminal illnesses. I would also love to see a world where every human being is treated equally and can equally access and enjoy the resources of the world."

SHAWN DESMAN,
JUNO AWARD-WINNING CANADIAN POP ICON AND PRODUCER



"By 2031, I'd like to see the gap between rich and poor narrow significantly. Whether on an individual, local or international level, it is such an obvious issue that I think the world must deal with (it)."

AISLINN PAUL
ACTRESS, DEGRASSI

The vehicle of tomorrow

MATTHEW LAW



Imagine a car that uses solar energy and recycled materials to save energy — and the planet

The automobile of 2031 can seat one to two passengers, depending on the model. Instead of gasoline, this vehicle operates on electric power, which is obtained through the solar panel roof and electric charge (power outlets).

As the car is running, the power charged from the solar panel is stored in battery cells underneath the driver's seat and vehicle.

All of the interior, exterior body panels and covers are made from recycled metals and plastics (to reduce manufacturing new resources and materials).

Each wheel runs on its own individual motor, resulting in more power and traction. The new suspension and wheel design is much simpler, making it easier to repair, fix and find replacement parts.

Instead of using air-filled tubes, the individual suspensions (positioned in six, similar to spokes) act as the rubber cushioning. The wheels maintain the same shock absorption as standard suspensions while eliminating the chance of rubber tire failures.

One of the most unique features of this vehicle is its capability to have the front and rear wheels fold in together. As the wheels move in, the wheelbase shortens, making it easier to turn around.

MATTHEW LAW SPECIALIZES IN AUTOMOTIVE AFTERMARKET AND CONCEPT DESIGN. VISIT HIS WEBSITE AT MATTHEWLAW.CA.



Web to speed up innovation

Online video is inspiring global conversations and will change the way we approach world issues

ISTOCK



▶ The Internet represents Earth's last untapped resource — human potential.

The Internet is bringing people around the world together to tackle the challenges facing our generation. In 2031, it will have radically changed the way we approach our collective challenges, thanks to something Chris Anderson, curator of the global TED conferences, calls crowd-accelerated innovation.

It's the use of online video to speed up innovation. You create a video and post it on YouTube. Tens of thousands of people watch it, share it, talk about it, vote on it...and are inspired to create their own video building on yours. And so on. And so on.

In the year 2031, a generation of passionate activists, artists, scientists and entrepreneurs around the world will build projects together.

Because we can all be each other's inspiration, supporters, collaborators and critics, web video offers the potential for challenges to be approached from many perspectives with stronger solutions.

The global conversation is already growing. Consider the TED conferences, which are built on the mantra of "ideas worth spreading."

Goran Kimovski, organizer of TEDxKids@BC in Vancouver, said change will occur because of "the sum of tools and platforms that will enable the formation of true communities with no actual boundaries that can be represented geographically."

Tara Mahoney is the creative director of Gen Why, an organization that uses the Internet to inspire the millennial generation to make a difference.

"As the largest and most global generation in human history, there is immense power in youth being connected to one another," she said. "The Internet (and access to it) might be one of the most important political issues of our time."

The UN recently declared Internet access a basic human right, meaning that no government can deny people access to the Internet. It's clear from movements occurring around the world that Internet access can translate to having a voice, and it becomes more difficult to dismiss the Internet as a luxury.

In the future, the Internet will expand from a human right to a democratic necessity. If in the next 20 years we take advantage of it, a better world is within reach.

SELIN JESSA, 16, IS A GRADE 11 STUDENT WHO IS PASSIONATE ABOUT THE USE OF ART, SCIENCE AND TECHNOLOGY TO TACKLE OUR GENERATION'S CHALLENGES.

New meaning to making some green

Are profitability and effecting social change mutually exclusive? Not in 2031. Social entrepreneurs will be applying innovative solutions to pressing social problems to achieve sustainable profit margins while effecting social good.

"Challenges like poverty, hunger and the environment have been around for some time. Traditional approaches have yet to create systemic and sustainable change. We need a fresher, more unique approach — social entrepreneurship — to tackle these issues," said Craig Keilburger, co-founder of Free the Children and its social enterprise arm, Me to We.

Based on this need, it's predictable that within one generation, social enterprise will become a third sector working parallel to profit and non-for-profit sectors.

Annalea Krebs, founder of ethicalDeal, an online company that uses the group buying model to make green mainstream, agrees that we're at a tipping point. "The demand for products and services that are healthy for the planet and the community is increasing. More and more companies are demonstrating that you can make profit with purpose." In 20 years, this will be the norm.

The first step, said Keilburger, is to make the spirit of entrepreneurialism a part of everyday life through the school system, development opportunities and institutes like MaRS, a not-for-profit that works to commercialize publicly funded medical research with the help of private enterprise.

"People are tired of business as usual. The hope is that this time, we can and will do things differently," said Krebs. "Social entrepreneurs have always believed this."

And in 2031, this belief will be a reality.

Today there are examples of successful social entrepreneurship business models, such as the Oxfam Store in Europe. The store is a direct result of government, entrepreneurs and community members, focusing on developing opportunities for social enterprise to thrive.

There will be a necessity for organizations to focus on methods to achieve financial objectives while creating a social return. It will be this collaboration that will lead to more sustainable and viable solutions to the economic and social problems we face.

TARINI CHANDAK, 18, IS A FIRST-YEAR ACCOUNTING AND FINANCIAL MANAGEMENT STUDENT AT THE UNIVERSITY OF WATERLOO. SHE AIMS TO COMBINE BUSINESS KNOWLEDGE AND A PASSION FOR SOCIAL GOOD THROUGH SHOPANTHROPIC.



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